

Humboldt County Resources Card

2-1-1-Humboldt: available 24/7

Call 211 within area code 707 or 707-441-1001
211humboldt.org

Phone numbers are area code 707 unless noted

Crisis Hotlines

California Youth Crisis	800-843-5200
Child Welfare Services	445-6180
Family Urgent Response System	833-939-3877
Adult Protective Services...	866-527-8614 or 476-2100
Human Trafficking	888-428-7581
Behavioral Health Crisis Line	445-7715
Humboldt Domestic Violence Services.....	443-6042
North Coast Rape Crisis	445-2881
Alcoholics Anonymous	844-442-0711
Narcotics Anonymous	444-8645
LGBTQ National Help Center	888-843-4564
Vets Crisis Line/Suicide Prevention ...	800-273-8255

Public Assistance-DHHS Social Services

929 Koster St., Eureka, CalFresh, Medi-Cal,
CalWORKs, GR, TAP, 7:30 a.m.-5:30 p.m., Mon-Fri
Call Center **1-877-410-8809** (closed Wed)

Call for Garberville, Fortuna and Hoopa office info

Family / Community Resource Centers

Call 2-1-1 to find one near you or visit hnfrc.org
Arcata, Blue Lake, Bridgeville, Carlotta, four in
Eureka (Jefferson, Marshall, Old Town and South
Bay), Fortuna, Hoopa, Loleta, Manila, Mattole,
McKinleyville, Redway, Rio Dell, Willow Creek.

Food

Food for People, 1720 10th St. Eureka....	445-3166
Rescue Mission, dinner, 110 2nd, Eureka.	443-4551
Redwoods Rural, weekday pantry, 101 West Coast Road, Redway, 923-2783	
St. Vincent de Paul, 35 W 3rd, Eureka.	445-9588
Lunch 11 a.m.-1 p.m. Monday-Saturday	

Clothing / Showers

Betty Chinn at St. Vincent's T-Th-Sat a.m...	407-3833
Salvation Army, 2123 Tydd St., Eureka.....	442-6475
Fortuna Community Services	725-1166
RAVEN Project—youth under 21	443-7099
AHHA's Care-A-Van, mobile showers and pop up center, ahha-humco.org	268-1466

Legal Assistance

Legal Services of Northern California 445-0866
ACLU Nor. CA Pro Bono Assistance...415-621-2488

Shelter

Arcata House Partnership.....633-6236
Betty Kwan Chinn Day Center, Eureka ...407-3833
RCAA Adult and Family Services 269-2002
RCAA Youth Shelter444-2273
Rescue Mission, Men443-4551
Rescue Mission Women & Children443-5016
Nation's Finest (Veterans) 442-4322
Wish Crisis Shelter SoHum 923-4100 or 223-0043

Health Clinics

Planned Parenthood, Eureka 442-5700
VA Health Clinic 269-7500
United Indian Health Services, Arcata 825-5000
Redwoods Rural Health Center Redway...923-2783
So Hum Health Clinic, 733 Cedar St. Garberville
923-3928
Open Door Community Health Centers....269-7073
for help accessing Open Door medical, dental, and
other health care services across region.

Mental Health including Substance Use

Mental Health Outpatient Services268-2900
Children's Outpatient Services268-2800
Hope Center 2933 H St. Eureka441-3783
Crossroads445-0869
Redwoods Rural Health Center Redway....923-2783
Waterfront Recovery Services incl. detox...269-9590
Humboldt Recovery Center (assessment)....223-3632

Help for Youth

Youth Services Bureau (YSB) (24h) 444-CARE
RAVEN Project—youth under 21 443-7099
Trevor Youth Suicide866-488-7386
Transition-Age Youth (TAY) 433 M St., Eureka 476-4922

Other

Patient Rights Advocate

DHHS Behavioral Health 268-2995
Veterans Services, Eureka445-7341 or 445-7611
Public Restroom Information2-1-1 or 441-1001
County Bus: Humboldt Transit Authority ...443-0826
Human Rights Commission 268-2548

This publication is a joint effort of Humboldt County's
Department of Health & Human Services and the Human
Rights Commission.