

## **Humboldt County Resources Card**

**2-1-1-Humboldt: available 24/7**

Call 211 within area code 707 or 707-441-1001

211humboldt.org

Phone numbers are area code 707 unless noted

### **Crisis Hotlines**

California Youth Crisis .....	800-843-5200
Child Welfare Services .....	445-6180
Family Urgent Response System .....	833-939-3877
Adult Protective Services...	866-527-8614 or 476-2100
Human Trafficking .....	888-428-7581
Behavioral Health Crisis Line .....	445-7715
Humboldt Domestic Violence Services.....	443-6042
North Coast Rape Crisis .....	445-2881
Alcoholics Anonymous .....	844-442-0711
Narcotics Anonymous .....	444-8645
LGBTQ National Help Center .....	888-843-4564
Vets Crisis Line/Suicide Prevention ...	800-273-8255

### **Public Assistance-DHHS Social Services**

929 Koster St., Eureka, CalFresh, Medi-Cal,

CalWORKs, GR, TAP, 7:30 a.m.-5:30 p.m., Mon-Fri

Call Center **1-877-410-8809** (closed Wed)

Call for Garberville, Fortuna and Hoopa office info

### **Family / Community Resource Centers**

Call 2-1-1 to find one near you or visit [hnfrc.org](http://hnfrc.org)

Arcata, Blue Lake, Bridgeville, Carlotta, four in Eureka (Jefferson, Marshall, Old Town and South Bay), Fortuna, Hoopa, Loleta, Manila, Mattole, McKinleyville, Redway, Rio Dell, Willow Creek.

### **Food**

Food for People, 1720 10th St. Eureka..... 445-3166

Rescue Mission, dinner, 110 2nd, Eureka. 443-4551

Redwoods Rural, weekday pantry, 101 West Coast Road, Redway, 923-2783

St. Vincent de Paul, 35 W 3rd, Eureka. 445-9588

Lunch 11 a.m.-1 p.m. Monday-Saturday

### **Clothing / Showers**

Betty Chinn at St. Vincent's T-Th-Sat a.m...407-3833

Salvation Army, 2123 Tydd St., Eureka.....442-6475

Fortuna Community Services ..... 725-1166 || RAVEN Project—youth under 21 ..... | 443-7099 |
| AHHA's Care-A-Van, mobile showers and pop up center, [ahha-humco.org](http://ahha-humco.org) ..... | 268-1466 |

## **Legal Assistance**

Legal Services of Northern California ..... 445-0866  
ACLU Nor. CA Pro Bono Assistance...415-621-2488

## **Shelter**

Arcata House Partnership.....633-6236  
Betty Kwan Chinn Day Center, Eureka ...407-3833  
RCAA Adult and Family Services ..... 269-2002  
RCAA Youth Shelter .....444-2273  
Rescue Mission, Men .....443-4551  
Rescue Mission Women & Children .....443-5016  
Nation's Finest (Veterans) ..... 442-4322  
Wish Crisis Shelter SoHum 923-4100 or 223-0043

## **Health Clinics**

Planned Parenthood, Eureka ..... 442-5700  
VA Health Clinic ..... 269-7500  
United Indian Health Services, Arcata .... 825-5000  
Redwoods Rural Health Center Redway...923-2783  
So Hum Health Clinic, 733 Cedar St. Garberville  
923-3928  
Open Door Community Health Centers....269-7073  
for help accessing Open Door medical, dental, and  
other health care services across region.

## **Mental Health including Substance Use**

Mental Health Outpatient Services .....268-2900  
Children's Outpatient Services .....268-2800  
Hope Center 2933 H St. Eureka .....441-3783  
Crossroads .....445-0869  
Redwoods Rural Health Center Redway....923-2783  
Waterfront Recovery Services incl. detox...269-9590  
Humboldt Recovery Center (assessment).....223-3632

## **Help for Youth**

Youth Services Bureau (YSB) (24h) ..... 444-CARE  
RAVEN Project—youth under 21 ..... 443-7099  
Trevor Youth Suicide ..... 866-488-7386  
Transition-Age Youth (TAY) 433 M St., Eureka 476-4922

## **Other**

Patient Rights Advocate  
DHHS Behavioral Health ..... 268-2995  
Veterans Services, Eureka ....445-7341 or 445-7611  
Public Restroom Information .....2-1-1 or 441-1001  
County Bus: Humboldt Transit Authority ...443-0826  
Human Rights Commission ..... 268-2548

This publication is a joint effort of Humboldt County's  
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